



Sikh Awareness Society



Waheguru Ji Ka Khalsa, Waheguru Ji Ki Fateh

The Sikh Awareness Society (SAS) was established in 1998 amongst growing concerns of the 'grooming' of our youth. In Britain today Sikh youth are still actively targeted on the basis of their religion and history.

This historically linked hate-crime causes much emotional distress to the families involved with the majority of these cases ending up in abuse.

Under common Punjabi mentality, these issues are still considered 'taboo' and are rarely addressed by the Gurdwara Sahibs, and Sikh community leaders. Therefore the victims of this hate-crime tend to suffer in silence.

The SAS was initially set up to deal with these issues.

Since 1998 the SAS has grown to tackle many more issues affecting the Sikh community and the Sikh youth in Britain today. We are now regarded as a leading independent Sikh advisory board, speaking for the concerns of the Sikh Sangat.

The Role of the SAS:

- Raises awareness of current problems facing the Sikh community.
- Provides a confidential 24-hour telephone and call-out service to the Sikh Sangat.
- Counselling and rehabilitation programs.
- Promotes greater understanding of Sikh religious concepts and history.
- Sikh out-reach programs.
- Provides 'Big Brother' and 'Big Sister' support for Sikh youth
- Acts as a liaison body between the Sikh youth and the Committees of the Gurdwara Sahibs.
- Works to document and expose hate-crime and human rights violations against Sikhs.

To continue this we require volunteers with all kinds of skills, some of which could include:

- People who have understanding of Sikh concepts and philosophy.
- People who have counselling skills.
- People who can teach.
- People who can relate to today's youth, their pressures of growing up and are able to listen to them.
- Media, IT, Marketing professionals.

All in all we need all kinds of skills to really make a difference.

If you are unable to commit regular Sewa, please assist us in other means.

There are several other ways to get involved with the SAS. For example, you can:

- Help plan an event
- Distribute literature
- Assist with phone calls
- Speak at an event
- Make a donation

Any suggestions or comments will be warmly received. When highlighting such sensitive issues many different responses are provoked, we will respond to everyone's comments and suggestions in order to improve our Sewa.

Regards,

Sikh Awareness Society
SAS.Helpline@googlemail.com

Waheguru Ji Ka Khalsa, Waheguru Ji Ki Fateh

Sikh Awareness Society (S.A.S.)

Contact Details

(In Punjabi & English)

General Enquires:

Further information, Sewa opportunities, Event bookings etc.

07780 601 351

SAS.Helpline@googlemail.com

Serious Enquires Only:

If you are a victim of hate-crime
Or are facing problems highlighted
by the SAS, and require assistance.

Confidentiality Assured

07930 522 475

07970 283 529

07782 209 193

Sikh Help Line

www.SikhHelpLine.com

We are available, day or night, to help those in need. Any time, any concern, we want to hear from you if you are hurting, anxious, fearful, or have no one you can talk to. Sikh HelpLine's counsellors are here to help you find ways to sort things out.

Issues regarding Sikhism

Bullying and Racism

Depression

Abuse

Addictions (smoking / drinking)

Problems at school

Lines are open 24 hours a day. All calls are strictly confidential

0845 644 0704 (Hotline)

01902 494240 (Office)

info@sikhhelpline.com (General)

help@sikhhelpline.com (Help)